



Bisexual Visibility Day Resources

Bi+ Canada

Bi+ Canada is a non-profit organization dedicated to advocating for the rights, safety, well-being, inclusion, and fair treatment of the diverse bisexual+ community across Canada.

Check them out for:

- Tips on coming out to friends & family
- How to talk to your healthcare provider
- A list of local bi+ support groups
- Hire a speaker to educate your organization on bi+ inclusion



Rainbow Health Ontario: About Bisexual Health

This About Health educational resource was created to highlight the health needs of bisexual people. This document will help you to **identify barriers to accessing health services for bisexual people** and to better understand what can be done to **create affirming 2SLGBTQ environments**. Also available in French.

The Trevor Project: Understanding Bisexuality



Looking for an easy to understand resource to send to friends & family to help them understand bisexuality? Send them [here](#)!

